

# Senior/Junior Division Rules

*The following rules are but only a local policy added to normal Little League International play.*

## Rule 1: Batting Order

A continuous batting order will be used. No exceptions.

## Rule 2: Playing time

No player will sit for more than 1 consecutive defensive inning. We are using free substitution, so this should not be very difficult to attain.

## Rule 3: Pitching

Max pitches of 95 will remain the same. Pitchers may throw a maximum of 95 pitches per calendar week. If a pitcher throws 80 pitches on Monday, he may throw 15 on Saturday. Pitching logs must be maintained and be produced if requested by a league official.

## Rest days: Clarification

### 13-14 (Junior Div)

Pitchers league age 14 and under must adhere to the following rest requirements:

- If a player pitches 66 or more pitches in a day, four (4) calendar days of rest must be observed.
- If a player pitches 51 - 65 pitches in a day, three (3) calendar days of rest must be observed.
- If a player pitches 36 - 50 pitches in a day, two (2) calendar days of rest must be observed.
- If a player pitches 21 - 35 pitches in a day, one (1) calendar days of rest must be observed.
- If a player pitches 1-20 pitches in a day, no (0) calendar day of rest is required.

### 15-16 (Senior Div)

Pitchers league age 15-16 must adhere to the following rest requirements:

- If a player pitches 76 or more pitches in a day, four (4) calendar days of rest must be observed.
- If a player pitches 61 - 75 pitches in a day, three (3) calendar days of rest must be observed.
- If a player pitches 46 - 60 pitches in a day, two (2) calendar days of rest must be observed.
- If a player pitches 31 -45 pitches in a day, one (1) calendar days of rest must be observed.
- If a player pitches 1-30 pitches in a day, no (0) calendar day of rest is required.